

As we were unable to attend and distribute Xmas menus at the Sept. Meeting due to Covid – See below  
Menus will be available at the 17<sup>th</sup> October meeting.

HAVERING OVER 50'S FORUM - CHRISTMAS LUNCH - WEDNESDAY, 13<sup>TH</sup> DEC. 2023  
12.30 FOR 1.00 P.M. RAILWAY HOTEL, STATION LANE, HORNCURCH, RM12 6SB  
MEMBERS ONLY - £ 22.00

# Contains Alcohol		Please tick (✓)
Starter	<b>(V) Spiced Parsnip &amp; Sweet Potato Soup</b> Served with Ciabatta. <i>Vegan option available.</i>	
	<b>King Prawn Cocktail.</b> Succulent prawns in rich Marie Rose sauce, served on crisp lettuce with wholemeal bloomer bread.	
	<b>Chicken Liver, Cranberry, Orange &amp; Port Parfait</b> Smooth chicken liver pate served with perfectly toasted ciabatta bread and chutney #	
	<b>(V) Beer Battered Mushrooms</b> Crispy coated button mushrooms served with blue cheese dressing dip #	
Main	<b>Turkey Dinner with all the Trimmings.</b> Served with roast potatoes, a stuffing ball, pigs in blankets, roasted carrots & parsnips, Brussels sprouts, red cabbage, steamed greens, cranberry sauce and a jug of gravy.	
	<b>Grilled Sea Bass Fillets.</b> Served with potato gratin, asparagus, steamed greens & Champagne thermidor sauce. #	
	<b>(VE) Spinach &amp; Mushroom Wellington.</b> Served with baby glazed potatoes, a side of vegetables, Brussels sprouts and a jug of gravy #	
Dessert	<b>(V) Christmas Pudding.</b> Classic Christmas pudding, served with your choice of vanilla ice cream, homemade brandy sauce or custard. #	
	<b>(V) Belgian Chocolate Brownie</b> A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce, festive sprinkles and Cadburys® Flake.	
	<b>(V) Salted Caramel Profiteroles</b> Served with cream & toffee sauce, topped with festive sprinkles	
	<b>(V) Apple &amp; Blackberry Crumble</b> Served with custard. <i>Vegan option available</i>	
TEA AND COFFEE INCLUDED		

V = made with vegetarian ingredients, VE = made with vegan ingredients, however some of the preparation and cooking methods could affect this. If you require more information, please ask your server.  
Fish has been carefully filleted, however some small bones may remain.

**Menus must be returned and payment must be made in full by**

**Deposit £10.00 to be paid at October 17<sup>th</sup> meeting**

**Balance to be paid by Tuesday November 14<sup>th</sup>**

**(Cheques only : made payable to Havering Over 50's Forum)**

**Name:** .....

**Tel:** ..... **Mobile** .....

**Email address:** .....

**Return to:**

**Havering Over 50's Forum, 3 Lawrence Road, Romford, RM2 5SS Tel: 07541 511973**